

HEIDI HERMAN

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Event Proposal

"Icelandic Folklore - Trolls & Legends of Iceland"

Abstract

This one-hour presentation provides an entertaining look at Icelandic folklore from trolls to wiggle-waggle monsters and many things in between. The program draws from the folklore collection "The Guardians of Iceland and other Icelandic Folk Tales" by Heidi Herman. The collection of twenty-five short stories comes from different areas of Iceland, and includes The Guardians of Iceland, The Hidden Folk, Monster Worm, Yule Lads, Gryla, and more!

The mythology is a blend of Viking legends, stories from the Sagas, and folklore from other countries that became a part of the Icelandic stories. How the Icelandic people have incorporated it into daily life is both fascinating and refreshing. The warnings, lessons, and instruction presented in the stories reflect wisdom, tolerance, and common-sense approach to life.

Author shares stories and discusses the meanings behind them - suitable as an entertaining hour for children ages 6 and up. Great program for Schools!

"Heidi was a pleasure to work with, was knowledgeable about the subject matter, and was able to work through any technical hurdle during the recording. She is an experienced public speaker, who exhibited passion for the subject of which she spoke." - Julie DeStefano, Belmont Gallery of Art

Learning Objectives

1. Discover the origins of well-known Nordic characters like Thor, Loki, and Odin.
2. Hear the author read stories from the folklore collection.
3. Learn how stories provide lessons and warnings.
4. Gain an understanding of how folklore is a reflection of the culture and lifestyle of the Icelandic people.